the Rotary Smile

Allentown, Pennsylvania

www.rotarydistrict7430.org

May, 2008



Camp Neidig: June 13-16, 2008

Camp Neidig is a leadership camp for youth that brings together high school students for a four-day weekend of fun, friendship, and team-building activities.

Joseph S. Neidig, governing officer of District 2654, started a "Leaders of Tomorrow" camp in 1950 at Camp Delmont, Green Lane, Pa. When District 2654 split and formed our District 7430 in 1961, the camp was named "Camp Neidig" in honor of its founder.

Our own Wendy Body is cochairperson of the Camp Neidig Committee and energetically participates each year. Club members are invited to the final night banquet and celebration.



Campers are challenged with fun problem-solving and teambuilding activities.



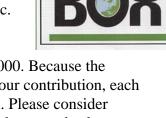
Sponsor a ShelterBox with the Allentown Rotary Foundation

Did you know that the Allentown Rotary Foundation will match your contribution designated for a ShelterBox?

Shelter Box is a grassroots Rotary club project which has rapidly grown to an international level. Our mission is to deliver immediate relief to victims of natural and other disasters anywhere around the world. Disasters to which we have responded include earthquakes, hurricanes, wars, floods, landslides, tsunamis, volcanic eruptions and typhoons.

We achieve our mission by providing rugged 10-person tents to be used as emergency accommodation and other survival essentials as required. All supplies are packaged in a large, rugged, green plastic container that weighs an average of 120 pounds. A typical box includes:

- * Thermal blankets and insulated ground sheets
- * Waterproof ponchos and bin bags
- * A stove that can burn anything from diesel to old paint!
- * Cooking pans, utensils, bowls and mugs
- * Collapsible water containers and water purification tablets
- * A basic tool kit hammer, axe, saw, pliers, trenching shovel, rope etc.
- * A children's pack with drawing books, crayons, pens, etc.



Each ShelterBox costs an average of \$1000. Because the Allentown Rotary Foundation will match your contribution, each \$500 contribution will buy one ShelterBox. Please consider contributing toward a ShelterBox today. Make your check to Allentown Rotary Foundation and specify "ShelterBox" on your check. Together we can make a difference in the lives of people who are caught in a natural disaster.

The Rotary Club of Allentown 610-794-4101

A Member of Rotary International ~
 Club No. 121, District 7430
 in our 94th year of service

We meet Fridays at noon at the Holiday Inn 9th & Hamilton Streets, Allentown

Rotary is a worldwide organization of business and professional leaders that provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Approximately 1.2 million Rotarians belong to 31,000 Rotary clubs located in 200 countries.

Club Officers

President	Pete Smith Don DeLorenzo Tom Christman	610-395-7700 610-967-3380 610-434-9645
Board of Directors	Committee	Phone
David Schrum Judith Barberich Rolf Schlake Har Richard Daugherty Joyce Dougherty Amy Meleck Co Larry Campbell Co Pete Smith Cindy Lambert Badg Bill Hacker	Scholarship 61 ris & Iobst Awards International Fellowship Communications ommunity Service Membership ge Board/Hospitality	0-282-1100 x1478 610-770-0900 610-437-3700 610-433-6556 610-770-1127 610-391-9805 610-395-7700 610-776-3323
Foundation Board Members		
Ibolya Balog Judith Barberich Amy Beck		282-1100 x1478
Barbara Bigelow		
Albert Bova		
Larry Campbell Thomas Christman		
Wallace Eldridge		
Suzanne Goodell		610-799-1204

Marcella Moyer Schick 610-794-5129

From the President



Preparing to leave for the 2008 Rotary District 7430 conference, I am reminded of how proud I am of our Rotary Club of Allentown and the Rotarians I have the privilege of working with this year as club president. Service above self is not a slogan, but the way our Rotarians conduct themselves. This spring we have had a great variety of activities in addition to our outstanding weekly programs.

In Community Service we

Spread the word about the vitality and excitement of the Allentown Rotary Club.

assisted the Lehigh County Conference of Churches Daybreak program, we revived the Game and Bingo night for Good Shepherd residents, we collected books for children and are preparing to assist Second Harvest with their Backpack Buddies program over the summer.

The Scholarship committee interviewed candidates from the (Continued next page)

From the President

(Continued from page two.)

three city high schools to award scholarships to three young people embarking on their higher education path. Another committee is already at work on selecting Vocational Scholarship recipients for young people choosing the vocational fields.

The Youth committee successfully ran a revived Pool Pals program at the Allentown YMCA and YWCA for third graders from Union Terrace and Jackson elementary schools. We continue to support two Interact Clubs, at William Allen and Central Catholic high schools.

We await the arrival of the Group Study Exchange participants from Brazil, and the event-filled week that has been planned for them by the International committee. We look forward to developing new friendships, and learning about Brazil.

Please spread the word about the vitality and excitement of the Allentown Rotary Club. I am certain that each of you have acquaint-ances, associates and friends who would also enjoy being a part of Rotary, so please invite them to a meeting as soon as you can.

~ Ibi Balog

The "Latest and Greatest" in Eye Surgery

April 18 - Allentown Rotarians welcomed Dr. Andrew Bausch for a presentation about intraocular lenses, one of the most important ophthalmic developments in the past 30 years.

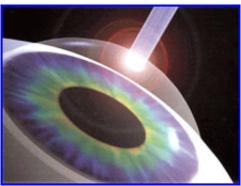
Dr. Bausch explained that beginning in their 40s, people experience blurred vision at near points, such as when reading, sewing or working at the computer. Clouded vision due to cataracts is an agerelated process that happens to everyone at some point.

Before now, patients with



cataracts were forced to wear thick glasses or contact lenses after surgery. They were essentially blind without glasses.

Intraocular lenses or IOLs replace the eye's natural lens. They are tiny prescription lenses placed inside the eye during cataract extraction and replacement surgery. IOLs have been around since the mid-1960s, though the first FDA approval occurred in



1981. Traditional IOLs are monofocal. They offer vision at one distance only (far, intermediate or near) requiring the patient to wear eyeglasses or contact lenses for reading, using a computer or viewing objects in the middle distance.

The new multifocal IOLs offer the possibility of seeing well at more than one distance, without glasses or contacts. Crystalens gained FDA approval in November of 2003. They are designed to restore the eye's accommodation ability, which is reduced due to a gradual loss of flexibility in the natural lens inside the eye.

"Accommodation" is the ability of the eyes to change focus from near to far, far to near and all distances in between. Patients receiving IOLs often enjoy the best vision of their lives.

Dr. Bausch reminded Rotarians about the importance of near vision in today's world of smaller and smaller electronic devices and an average daily use of the Internet at three hours

~ Barbara Stauffer



Allen High School Interact Students visited on April 11. They are (left to right, standing) Janci Raymond, Alicia Reyes, Juan Morales, Lindsay Houston, Interact Club co-advisor, Mariha Morales; and (seated) Ismaelxis Gomez

May Birthdays

- 2 Ellen Ghelardi
- 8 Amy Meleck
- 18 Randall Forte Watson Skinner
- 20 Barbara Bottitta
- 27 Platte Moring III David Schrum



May Meetings Event Schedule

2nd - Rotary Exchange: The Best from Brazil

9th - Scholarship Awards

16th-2009 U.S. Women's Open Mimi Grifin

23rd - No Meeting Today

30th - Touchstone Theatre: Lisa Jordan

Coming in June

June 6 – Vocational Scholarships

the Rotary Smile



Allentown Rotary Club 5540 German Road Emmaus, PA 18049

Invite a Friend to Rotary